

HEALTH INSURANCE

In 2019 no penalty for not having health insurance

Did you receive health insurance from the Maryland Health Connection.gov? Form 1095-A https://www.marylandhealthconnection.gov/ Customer Support 855-642-8572	Yes No
Did you have health insurance through your employer?	Yes No
Did you have health insurance through your pension or social security?	Yes No
Was your health insurance covered by the State of Maryland - Medicaid System? http://dhs.maryland.gov/weathering-tough-times/medical-assistance/ Customer Support 855-642-8572	Yes No

HEALTH PLANS - HEALTH SAVINGS ACCOUNTS (HSA)

[Comparison HSA, FSA, HRA](#)

Have a Health Savings Account thru your employer? Self Coverage Family Coverage	Yes No
Did you contribute to your employers HSA? How much to HSA? (Tax Form 5498-SA)	Yes No
Did you get reimbursed by the Health Savings Account? How much from HSA? (Tax Form 1099-HSA)	Yes No

UNREIMBURSED MEDICAL EXPENSES

Your Total Medical Expenses must exceed 7.5% of your Adjusted Gross Income
[IRS Pub 502 - Deductible Medical Expenses](#)

Health Insurance premiums	
Are your health premiums pre-tax on your paycheck?	Yes No ?
Medicare Premiums	
Prescription medicines and drugs	
Long term care insurance - Husband	
Long term care insurance - Wife	
Long term care (nursing/private home)	
Miles traveled for 1/1 - 12/31/19: 20¢	miles:
Transportation Costs (Bus, Taxi, etc...)	
Lodging (less than \$50 per night per person)	
Hospitals, Doctors, dentists, etc.	
Lab fees	
Eyeglasses, contacts, solutions, etc.	
Laser eye surgery	
Prescribed Medical supplies	
Prescribed weight-loss program	
Stop Smoking program & perscription drugs	
Other	

- * if you are eligible to participate in an employer sponsored health plan then can not take self-employed health insurance deduction.
- * can never claim as a deduction for a COBRA plan on a self-employed deduction. It's another employers group plan

- * Heath Care Sharing Ministry payments are not medical costs or insurance costs and are non-deductible by taxpayer or employer.
- * Don't have to pay the penalty if you are are part of the Health Care Sharing Ministry
- * It's not a charity contribution either, even though they are a 501c(3). They are just considered gifts.